

dietary supplement

Serving Size: Four (4) Capsules Servings per Container: 30



Supplement Facts	Amount Per Serving	% Daily Value
Cellular Longevity Blend:	1165 mg	**
Boswellia Serrata Gum Resin extract (20 r Scutellaria Root extract (150 mg Baicalin) Milk ThistE Seed extract (100 mg Silymar Polygonum Cuspidatum Root extract (50 n Green Tea Leaf extract (30 mg Catechins) Pomegranate Fruit extract (25 mg Ellagic 4 Pineapple Stem extract (50 GDU Bromela Turmeric Root extract (20 mg Proanthocyani Sesame Seed extract (20 mg Proanthocyani Sesame Seed extract (14 mg Lignans) Pine Bark extract (7 mg Proanthocyanidins	in) ng Resveratr Acid) in protease e Is) idins)	ol)
Cellular Energy Blend:	400 mg	**
Acetyl-L-Carnitine (100 mg) Alpha Lipoic Acid (100 mg) Coenzyme Q10 (50 mg) Quercetin (50 mg) Ginkgo Biloba Leaf extract (40 mg)		
dōTERRA Tummy Tamer Blend	30 mg	**
Peppermint Leaf extract, Ginger Root extra Caraway Seed extract	ct,	

** Daily Value not established

Other Ingredients: vegetable hypromellose, vegetable cellulose, calcium silicate, calcium stearate.



Serving Size: Four (4) Softgels Servings per Container: 30



Supplement Facts	Amount Per Serving	% Daily Value*
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%
Cholesterol	5 mg	2%
Vitamin A (as Alpha and Beta Carotene)	2000 IU	40%
Vitamin D3 (as Natural Cholecalciferol)	800 IU	200%
Vitamin E (as d-a & Natural Mixed Tocopherols)	60 IU	200%
Marine Oil and Plant Oil	1100 mg	**
EEPA (Eicosapentaenoic Acid from Fish Oil)	300 mg	**
DHA (Docosahexaenoic Acid from Fish Oil)	300 mg	**
Other Omega 3's (from Fish Oil)	70 mg	**
ALA (Alpha Linolenic Acid from Echium	50 mg	**
plantagineum Seed Oil)		
SDA (Stearidonic Acid from Echium	20 mg	**
plantagineum Seed Oil))		
GLA (Gamma Linolenic Acid from Echium	16 mg	**
plantagineum Seed Oil))		
Pomegranate Seed Oil	50 mg **	
ASTAPURE®† Astaxanthin (from Green Algae)	1 mg **	
Lutein (from Marigold Flower)	3 mg **	
Zeaxanthin (from Marigold Flower)	1 mg **	
Lycopene (from Tomato Fruit)	1 mg **	
CPTG [®] Essential Oil Blend:	120 mg	**
Clove Bud, Frankincense Resin, Thyme Lea Cumin Seed, Wild Orange Peel, Peppermin Ginger Root, Caraway Seed, German Charr	t Plant,	r
*Percent Daily Values are based on a 2000	calorie diet	

**Daily Values are not established.

Other Ingredients: Non-GMO Food Starch, Glycerin, Purified Water, Maltitol, Carrageenan Contains Fish: (Sardine, Anchovy, Mackerel)



FOOD NUTRIENT COMPLEX dietary supplement

Serving Size: Four (4) Capsules Servings per Container: 30



Supplement Facts	Amount Per Serving	% Daily Value
Vitamin A (as a & ß Carotene and Retinyl Palmitate)	7000 IU	140%
Vitamin C (as Calcium Ascorbate and Magnesium Ascorbate)	200 mg	333%
Vitamin D3 (as Cholecalciferol)	800 IU	200%
Vitamin E (as Natural Mixed Tocopherols and Tocotrienols)	50 IU	167%
Vitamin K (as Glycoprotein Matrix)	20 mcg	25%
Thiamin (as Glycoprotein Matrix)	3 mg	200%
Riboflavin (as Glycoprotein Matrix)	3 mg	176%
Niacin (as Glycoprotein Matrix)	20 mg	100%
Vitamin B6 (as Glycoprotein Matrix)	3 mg	150%
Folate (as Natural Lemon (Citrus limon) Peel Extract) Orgen-FA®†	400 mcg	100%
Vitamin B12 (as Glycoprotein Matrix)	10 mcg	167%
Biotin (as Glycoprotein Matrix)	300 mcg	100%
Pantothenic Acid (as Glycoprotein Matrix)	10 mg	100%
Calcium (as Malate DimaCal [®] , Natural Coral, and Ascorbate) ^{††}	500 mg	50%
Iron (as Bis-Glycinate Chelate) Ferrochel®++	6 mg	33%
lodine (from Kelp (Laminaria digitata) Stem and Leaf Powder)	25 mcg	17%
Magnesium (as Dimagnesium Malate and Ascorbate)	150 mg	38%
Zinc (as Bis-Glycinate Chelate) TRAACS®++	15 mg	100%
Selenium (as Glycinate) [†]	70 mcg	100%
Copper (as Bis-Glycinate Chelate) TRAACS®++	0.5 mg	25%
Manganese (as Bis-Glycinate Chelate) TRAACS	S ^{®††} 0.5 mg	25%
Chromium (as Nicotinate Glycinate Chelate) TRAACS® ^{††}	50 mcg	42%
Proprietary Whole-Food Blend: Kale (Brassica oleracea acephala) Leaf Powder, Dar officinale) Leaf Powder, Parsley (Petroselinum crispu		
(Laminaria digitata) Stem and Leaf Powder, Broccoli italica) Aerial Parts Powder, Brussels Sprout (Brassic Immature Inflorescences Powder, Cabbage (Brassic Leaf Extract, Spinach (Spinacia oleracea) Leaf Powd	(Brassica olera ca oleracea ger a oleracea capt	acea mmifera)
Active Enzyme Blend: Protease, Lactase, Lipase, Amylase, a-Galactosidase Glucoamylase, Peptidase	40 mg e, Diastase,	**
doTERRA Tummy Tamer Extract Blend: Caraway (Carum carvi) Seed Extract, Ginger (Zingibe Rhizome Extract, Peppermint (Mentha piperita) Leaf		**
** Daily Value (DV) not established.		
Other Ingradianta: Vagatable Hypromollage Steari	a Aaid Siliaa	

Other Ingredients: Vegetable Hypromellose, Stearic Acid, Silica, Microcrystalline Cellulose. Contains: Soy and Wheat Orgen-FA® is a registered trademark of Orgenetics, Inc. †† DimaCaI®, FerrocheI®, and TRAACS® are trademarks licensed by Albion Laboratories, Inc.